




March



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Pre-Registration is necessary. Deadline is the day before class. To register, call 620-332-</p>				<p>1 When Kids Drain Your Energy 12-1 pm Neodesha</p>
<p>4 Early Childhood Parenting Made Fun (1 of 5) 10-12 pm Indy-North</p> <p>Painless Parenting for the Preschool Years (1 of 2) 1-3 pm Indy-North</p> <p>Childhood Trauma: How to Help Your Child Work Through It 3:30-4:30 Indy-North</p>	<p>5 Parenting the Love & Logic Way (1 of 6) 10-12 pm Cville</p> <p>Who Says Parenting Can't be Fun 1-3 pm Cville</p> <p>Teen Dating Violence 3:30-4:30 pm Cville</p>	<p>6 Early Childhood Parenting Made Fun (2 of 5) 10-12 pm Indy-North</p> <p>Painless Parenting for the Preschool Years (2 of 2) 1-3 pm Indy-North</p> <p>Navigating the Tween Years 3:30-4:30 Indy-North</p>	<p>7 Caring for Kids After Trauma 12-1 pm Cville</p> <p>Helping Kids w/Grief 3-4 pm Cville</p>	<p>8 Sibling Rivalry 10-12 pm Covley</p>
<p>11 Early Childhood Parenting Made Fun (3 of 5) 10-12 pm Indy-North</p> <p>What You Need to Know About Vaping 1-2 pm Indy-North</p> <p>Healing the Invisible Wounds 3-4 Indy-North</p>	<p>12 Parenting the Love & Logic Way (2 of 6) 10-12 pm Cville</p> <p>Essential Life Skills to Teach Your Kids 1-2 pm Cville</p> <p>Addressing Child Motivation for School Age Kids 3-4 pm Cville</p>	<p>13 Early Childhood Parenting Made Fun (4 of 5) 10-12 pm Indy-North</p> <p>Why Can't We Get Along? Parent-Teen Conflict 1-2 pm Indy-North</p> <p>Responsive Discipline 3-4 Indy-North</p>	<p>14 Parenting the Love & Logic Way (3 of 6) 10-12 pm Cville</p> <p>Parent Education Support Group 3-4 pm Cville</p>	<p>15 How to Raise Responsible Kids Who Make Responsible Decisions When Nobody is Watching 10-12 pm Cowley</p>



FOUR COUNTY MENTAL HEALTH CENTER

<p>18 Early Childhood Parenting Made Fun (5 of 5) 10-12 pm Indy-North</p> <p>Helping Children Cope After a Traumatic Event 1-2 pm Indy-North</p> <p>Toddlers: Your Game Plan for the Terrific Twos 3-4 Indy-North</p>	<p>19 Parenting the Love & Logic Way (4 of 6) 10-12 pm Cville</p> <p>Understanding and Helping Your Child Through Separation Anxiety 1-2 pm Cville</p> <p>Toddlers and the Development of Self 3-4 pm Cville</p>	<p>20 Single Parenting: Dealing w/Toxic Relationships 10-11 am Indy-North</p> <p>Parenting Behaviors that May Harm Your Kids 1-2 pm Indy-North</p> <p>10 Tips to Improve Your Parenting Skills 3-4 Indy-North</p>	<p>21 Real World Parenting Solutions 10-12 pm Cowley</p>	<p>22 Emotional Intelligence for Parents 10-11 am Neodesha</p>
<p>25 Discipline Strategies for Kids w/ADHD 10-12 pm Indy-North</p> <p>Helping Kids Cope w/Painful Feelings 1-2 pm Indy-North</p> <p>Parenting Kids w/Oppositional Defiant Disorder 3-4 Indy-North</p>	<p>26 Parenting the Love & Logic Way (5 of 6) 10-12 pm Cville</p> <p>Understanding Teen Development 1-2 pm Cville</p> <p>Calming Children in Crisis 3-4 pm Cville</p>	<p>27 Helping Your Kids w/Negative Thoughts 10-11 am Indy-North</p> <p>Words to Never Say to Your Kids 1-2 pm Indy-North</p> <p>How to Respond When Your Teen is Violent 3-4 Indy-North</p>	<p>28 Parenting the Love & Logic Way (6 of 6) 10-12 pm Cville</p> <p>Practical Tips for Limiting Screen Time for Kids 3:30-4:30 pm Cville</p>	<p>29</p> <p>Holiday</p> 

Virtual options available!

For more information, email

Sarah Coder at scoder@fourcounty.com



FOUR COUNTY MENTAL HEALTH CENTER

Instructors: Anthony Kelly (AK), Parent Education Specialists for Four County Mental Health Center

Connections transportation is available for anyone in MG or Wilson Co. receiving services from FCMHC with a 48 hr notice 620-332-1976.

Independence:

Four County Mental Health Center – North
1101 Donald Avenue

Coffeyville

Four County Mental Health Center
1601 W. 4th St.

Independence:

Four County Mental Health Center
3354 Hwy 160

Neodesha:

Four County Mental Health Center
101 S. 8th

Fredonia:

Four County Mental Health Center
437 N. 6th

Cowley

Four County Mental Health Center
22214 D Street Strother Field Winfield

There is no charge for any class.

Sponsored by Four County Mental Health Center, Inc.

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