




February



Monday	Tuesday	Wednesday	Thursday	Friday
			<p>1 Depression in Teens: Recognizing the Signs 12-1 pm Cville</p> <p>When Kids Drain your Energy 2-3 pm Cville</p>	<p>2 How to Discipline Kids Without Losing Their Love and Respect 10-12 pm Cowley</p>
<p>5 Parenting the Love & Logic Way (1 of 6) 9-11 am Indy-North</p> <p>Active Parenting of Stepfamilies (1 of 6) 12-2 pm Indy-North</p> <p>Adults Supporting Youth w/Challenging Pasts (1 of 6) 2:30-4:30 pm Indy-North</p>	<p>6 Active Parenting of Teens (1 of 6) 10-12 pm Cville</p> <p>Active Parenting the First Five Years (1 of 4) 1-3 pm Cville</p> <p>Hormones and Wheels (1 of 3) 3:30-4:30 pm Cville</p>	<p>7 Parenting the Love & Logic Way (2 of 6) 9-11 am Indy-North</p> <p>Active Parenting of Stepfamilies (2 of 6) 12-2 pm Indy-North</p> <p>Adults Supporting Youth w/Challenging Pasts (2 of 6) 2:30-4:30 pm Indy-North</p>	<p>8 Active Parenting of Teens (2 of 6) 10-12 pm Cville</p> <p>Active Parenting the First Five Years (2 of 4) 1-3 pm Cville</p> <p>Hormones and Wheels (2 of 3) 3:30-4:30 pm Cville</p>	<p>9 Who Says Parenting Can't be Fun 10-12 pm Cowley</p>
<p>12 Parenting the Love & Logic Way (3 of 6) 9-11 am Indy-North</p> <p>Active Parenting of Stepfamilies (3 of 6) 12-2 pm Indy-North</p> <p>Adults Supporting Youth w/Challenging Pasts (3 of 6) 2:30-4:30 pm Indy-North</p>	<p>13 Active Parenting of Teens 3 of 6) 10-12 pm Cville</p> <p>Helping Parents Raise Resilient Teens 1-2 pm Cville</p> <p>Hormones and Wheels (3 of 3) 3:30-4:30 pm Cville</p>	<p>14 Parenting the Love & Logic Way (4 of 6) 9-11 am Indy-North</p> <p>Active Parenting of Stepfamilies (4 of 6) 12-2 pm Indy-North</p> <p>Adults Supporting Youth w/Challenging Pasts (4 of 6) 2:30-4:30 pm Indy-North</p>	<p>15 How to Discipline Kids w/out Losing their Love and Respect 10-12 pm Cowley</p>	<p>16 Didn't I Tell you to Take out the Trash 10-11:30 am Neodesha</p>

Pre-Registration is necessary. Deadline is the day before class. To register, call 620-332-5135

FOUR COUNTY MENTAL HEALTH CENTER

<p>19 Parenting the Love & Logic Way (5 of 6) 9-11 am Indy-North</p> <p>Active Parenting of Stepfamilies (5 of 6) 12-2 pm Indy-North</p> <p>Adults Supporting Youth w/Challenging Pasts (5 of 6) 2:30-4:30 pm Indy-North</p>	<p>20 Active Parenting of Teens (4 of 6) 10-12 pm Cville</p> <p>Active Parenting the First Five Years (3 of 4) 1-3 pm Cville</p> <p>Trouble Free Teens 3:30-4:30 pm Cville</p>	<p>21 Parenting the Love & Logic Way (6 of 6) 9-11 am Indy-North</p> <p>Active Parenting of Stepfamilies (6 of 6) 12-2 pm Indy-North</p> <p>Adults Supporting Youth w/Challenging Pasts (6 of 6) 2:30-4:30 pm Indy-North</p>	<p>22 Active Parenting of Teens (5 of 6) 12-2 pm Cville</p> <p>Active Parenting the First Five Years (4 of 4) 2:30-4:30 pm Cville</p>	<p>23 Simple Parenting Strategies 10-12 pm Cowley</p>
<p>26 Helicopters, Drill Sergeants, and Consultants 9-11 am Indy-North</p> <p>Painless Parenting through the Preschool Years (1 of 2) 12-2 pm Indy-North</p> <p>Parenting Kids w/Anxiety Disorders 3-4 pm Indy-North</p>	<p>27 Active Parenting of Teens (6 of 6) 10-12 pm Cville</p> <p>Parent Education Support Group 1-2 pm Cville</p> <p>Modern Day Home Alone Skills 3-4 pm Cville</p>	<p>28 Avoiding Power Struggles w/Kids 9-11 am Indy-North</p> <p>Painless Parenting through the Preschool Years (2 of 2) 12-2 pm Indy-North</p> <p>Manners that Parents Should Teach their Kids 3-4 pm Indy-North</p>	<p>29 Success w/Underachievers: Creating Self-Motivated Learners 10-12 pm Coffeyville</p> <p>Improve Cognitive Development in Early Childhood 1-2 pm Coffeyville</p> <p>Helping your Kids w/Negative Thoughts 3-4 pm Coffeyville</p>	

Virtual options available!

For more information, email

Sarah Coder at scoder@fourcounty.com



FOUR COUNTY MENTAL HEALTH CENTER

Instructors: Anthony Kelly (AK), Parent Education Specialists for Four County Mental Health Center

Connections transportation is available for anyone in MG or Wilson Co. receiving services from FCMHC with a 48 hr notice 620-332-1976.

Independence:

Four County Mental Health Center – North
1101 Donald Avenue

Coffeyville

Four County Mental Health Center
1601 W. 4th St.

Independence:

Four County Mental Health Center
3354 Hwy 160

Neodesha:

Four County Mental Health Center
101 S. 8th

Fredonia:

Four County Mental Health Center
437 N. 6th

Cowley

Four County Mental Health Center
22214 D Street Strother Field Winfield

There is no charge for any class.

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