



FOUR COUNTY MENTAL HEALTH CENTER
 FREE PARENTING CLASSES IN MONTGOMERY, WILSON, COWLEY, ELK & CHAUTAUQUA COUNTIES

MARCH 2023

www.fourcounty.com

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1 Simple Parenting: Avoiding Toxic Relationships 9-10 am Independence-North</p> <p>The Happiest Toddler on the Block 12-1 pm Independence-North</p>	<p>2 Manners that Parents Should Teach Their Kids 10-11 am Coffeyville</p> <p>Words to Never Say to Kids 1-2 pm Coffeyville</p>	<p>3 Avoiding Parental Burnout 10-11 am Neodesha</p>
<p>6 Active Parenting of Teens (1 of 6) 9-11 am Independence-North</p> <p>Active Parenting the First Five Years (1 of 4) 1-3 pm Independence-North</p>	<p>7 Active Parenting for Step Families (1 of 6) 10-12 pm Coffeyville</p> <p>Parenting the Love & Logic Way (1 of 6) 2-4 pm Coffeyville</p>	<p>8 Active Parenting of Teens (2 of 6) 9-11 am Independence-North</p> <p>Active Parenting the First Five Years (2 of 4) 1-3 pm Independence-North</p>	<p>9 Active Parenting for Step Families (2 of 6) 10-12 pm Coffeyville</p> <p>Parenting the Love & Logic Way (2 of 6) 2-4 pm Coffeyville</p>	<p>10 Painless Parenting for the Preschool Years (1 of 2) 10-12 pm Neodesha</p>
<p>13 Active Parenting of Teens (3 of 6) 9-11 am Independence-North</p> <p>Active Parenting the First Five Years (3 of 4) 1-3 pm Independence-North</p>	<p>14 Active Parenting for Step Families (3 of 6) 10-12 pm Coffeyville</p> <p>Parenting the Love & Logic Way (3 of 6) 2-4 pm Coffeyville</p>	<p>15 Active Parenting of Teens (4 of 6) 9-11 am Independence-North</p> <p>Active Parenting the First Five Years (4 of 4) 1-3 pm Independence-North</p>	<p>16 Active Parenting for Step Families (4 of 6) 10-12 pm Coffeyville</p> <p>Parenting the Love & Logic Way (4 of 6) 2-4 pm Coffeyville</p>	<p>17 Painless Parenting for the Preschool Years (2 of 2) 10-12 pm Neodesha</p>

Pre-Registration is necessary. Deadline is the day before class. To register, call 620-332-5135

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<p>20 Active Parenting of Teens (5 of 6) 9-11 am Independence-North</p> <p>Parent Education Support Group 9-11 am Independence-North</p>	<p>21 Active Parenting for Step Families (5 of 6) 10-12 pm Coffeyville</p> <p>Parenting the Love & Logic Way (5 of 6) 2-4 pm Coffeyville</p>	<p>22 Active Parenting of Teens (6 of 6) 9-11 am Independence-North</p> <p>Helping Kids Manage Stress 1-2 pm Independence-North</p>	<p>23 Active Parenting for Step Families (6 of 6) 10-12 pm Coffeyville</p> <p>Parenting the Love & Logic Way (6 of 6) 2-4 pm Coffeyville</p>	<p>24 Sibling Rivalry 10-12 pm Neodesha</p>
<p>27 Love Me Enough to Set Some Limits 1-3 pm Independence-North</p>	<p>28 Understanding Teen Development 10-11 am Coffeyville</p> <p>Parent Education Support Group 1-2 pm Coffeyville</p>	<p>29 Helping Kids Cope w/Grief 10-11 am Independence-North</p> <p>Helicopters, Drill Sergeants, and Consultants 1-3 pm Independence-North</p>	<p>30 Raising Kids Drug Free 10-11 am Coffeyville</p> <p>Parenting Through Addiction 1-2 pm Coffeyville</p>	<p>31 Parenting Doesn't Have to be Rocket Science 10-12 pm Neodesha</p>



Virtual options available!

For more information, email

Sarah Coder at scoder@fourcounty.com

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Instructors: Anthony Kelly (AK), Parent Education Specialists for Four County Mental Health Center

Connections transportation is available for anyone in MG or Wilson Co. receiving services from FCMHC with a 48 hr notice 620-332-1976.

Independence:

Four County Mental Health Center – North
1101 Donald Avenue

Coffeyville

Four County Mental Health Center
1601 W. 4th St.

Independence:

Four County Mental Health Center
3354 Hwy 160

Neodesha:

Four County Mental Health Center
101 S. 8th

Fredonia:

Four County Mental Health Center
437 N. 6th

Cowley

Four County Mental Health Center
22214 D Street Strother Field Winfield

There is no charge for any class.

Sponsored by Four County Mental Health Center, Inc.

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