

October 2021 Parenting Class Schedule

*KDHE Approved Classes for Day Care Providers and Foster Care licensing

@ Connections Transportation offered (ask when registering)

% babysitting is available (ask when registering)

@%**The Incredible Years- Preschool ages 3-6** (14 sessions) Continued into November
Oct 4, 11, 18, 25 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Active Parenting birth to five (Continued from September)
Oct 4, 11 **Independence** FCMHC-North 1101 Donald Ave 10-12 pm

Active Parenting Of Teens (6 sessions) Continued into November
Oct 4, 11, 18, 25 **Coffeyville** FCMHC 4th Street 2-4 pm

Adults Supporting Youth with Challenging Pasts (6 sessions) Continued from September
Oct 7 **Coffeyville** FCMHC 4th Street 10-12 pm

Gaining control back control of your life: coping with postpartum depression
Oct 7 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

Building A Great Relationship with Your Child
Oct 20 **Coffeyville** FCMHC 4th Street 2-3pm

Creating a learning environment at home
Oct 27 **Neodesha** FCMHC 8th street 2-3 pm

Didn't I Tell You To Take Out The Trash?
Oct 20 **Coffeyville** FCMHC 4th Street 10-12 pm

Digitally Distracted: Parenting in the Age of Technology
Oct 6 **Coffeyville** FCMHC 4th Street 2-3 pm

Helicopters, Drill Sergeants, Consultants: Parenting Styles and the Message They Send
Oct 21 **Coffeyville** FCMHC 4th Street 10-12 pm

Helping Children Manage Stress
Oct 4 **Coffeyville** FCMHC 4th Street 10-12pm

Helping Kids Cope with Grief
Oct 11 **Coffeyville** FCMHC 4th Street 10-12pm

Helping Kids Cope with Painful Feelings
Oct 7 **Coffeyville** FCMHC 4th Street 2-3 pm

Helping Parents Raise Resilient Kids
Oct 26 **Coffeyville** FCMHC 4th Street 2-3pm

Instilling gratefulness in your kids
Oct 19 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

Keeping Kids Safe Online

Oct 12 **Coffeyville** FCMHC 4th Street 2-3 pm

Love and Logic- Success with angry and aggressive kids

Oct 20 **Fredonia** FCMHC 6th Street 2-3 pm

Love and Logic: Early Childhood Made Fun (5 sessions) Continued into November

Oct 5, 12, 19, 26 **Coffeyville** FCMHC 4th Street 10-12 pm

Love and Logic: How to Raise Kids Who Make Responsible Decisions When Nobody is Watching

Oct 6 **Coffeyville** FCMHC 4th Street 10-12 pm

Mindful Parenting

Oct 26 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

Neglect Matters: A guide for parents

Oct 21 **Independence** FCMHC-North 1101 Donald Ave 10-11 am

Our emotional wellbeing and how it affects our kids

Oct 26 **Independence** FCMHC-North 1101 Donald Ave 10-11 pm

Painless Parenting for the Preschool Years (2 sessions)

Oct 27,28 **Coffeyville** FCMHC 4th Street 2-4 pm

Parent Education support

Oct 1, 15, 29 **Independence** FCMHC-North 1101 Donald Ave 10-11 am

Oct 14 **Coffeyville** FCMHC 4th Street 10-11 Am

Parenting kids with oppositional defiant disorder

Oct 14 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

Parenting the Love and Logic Way (6 sessions) Continued from September

Oct 5, 12 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

Positive parenting through the teenage years

Oct 6 **Fredonia** FCMHC 6th Street 10-11 am

Positive Solutions For Families

Oct 19 **Coffeyville** FCMHC 4th Street 19, 2-4 pm

Prenatal health and Nutrition

Oct 7 **Independence** FCMHC-North 1101 Donald Ave 10-11 am

Real world parenting strategies for raising kids in complicated times

Oct 13 **Neodesha** FCMHC 8th Street 10-12 pm

Relieving stress in single Parenting

Oct 14 **Independence** FCMHC-North 1101 Donald Ave 10-11 am

Secrets Of Step-Parenting

Oct 13 **Coffeyville** FCMHC 4th Street 10-12 pm

Talking to kids about suicide

Oct 12 **Independence** FCMHC-North 1101 Donald Ave 10-11 am

Teaching Children Home Alone Skills

Oct 13 **Coffeyville** FCMHC 4th Street 2-3 pm

Teaching kids about digital footprints

Oct 6 **Fredonia** FCMHC 6th Street 2-3 pm

The Challenges of Parenting: For Teens and New Parents

Oct 5 **Coffeyville** FCMHC 4th Street 2-3 pm

The Eight Principles of Attachment Parenting

Oct 21 **Coffeyville** FCMHC 4th Street 2-3 pm

The Nurturing touch: Stimulating baby massage

Oct 19 **Independence** FCMHC-North 1101 Donald Ave 10-11 am

Who says parenting can't be fun?

Oct 20 **Fredonia** FCMHC 6th Street 10-12 pm

Why so Jealous? Dealing with sibling jealousy ages 1-6

Oct 21 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

Words That Work With Your Toddler

Oct 14 **Coffeyville** FCMHC 4th Street 1-2 pm

No classes- October 8th, 22nd, 28th

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