

# September 2021 Parenting Class Schedule

\*KDHE Approved Classes for Day Care Providers and Foster Care licensing

@ Connections Transportation offered (ask when registering)

% babysitting is available (ask when registering)

**@%The Incredible Years- Preschool ages 3-6** (14 sessions)

Sept 27 **Independence** FCMHC-North 1101 Donald Ave, 2-3 pm

**Active parenting birth to five** (4 sessions) Continued into October

Sept 21, 28 **Independence** FCMHC North 1101 Donald Ave 10-12 pm

**Adults Supporting Youth With Challenging Pasts** (6 sessions) Continued into October

Sept 2, 9, 16, 23, 30 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-12 pm

**Anger management for parents**

Sept 16 **Independence** FCMHC North 1101 Donald Ave 2-3 pm

**Balancing work and family during COVID**

Sept 1 **Neodesha** FCMHC 8<sup>th</sup> Street 2-3 pm

**Calming Kids In Crisis**

Sept 13 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11am

**Caring For Kids With Type 1 Diabetes**

Sept 1 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 pm

**Co Parenting: Working Towards Cooperative Parenting**

Sept 30 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**Creating a learning environment at home**

Sept 17 **Independence** FCMHC North 1101 Donald Ave 10-11 am

**Dealing With Big Feelings: Teaching Kids To Self-regulate**

Sept 15 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**Discipline makes the difference**

Sept 2 **Independence** FCMHC North 1101 Donald Ave 2-3 pm

**Discipline solutions for kids with ADHD**

Sept 13 **Independence** FCMHC North 1101 Donald Ave 10-11 am

**Effects Of Substance Abuse On The Family**

Sept 27 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-4pm

**Emotional coping strategies for parents**

Sept 29 **Independence** FCMHC North 1101 Donald Ave 10-11 am

**Healing the invisible wounds: kids exposed to violence**

Sept 22 **Fredonia** FCMHC 6<sup>th</sup> Street 10-11 am

**Helping Kids Cope With Painful Feelings**

Sept 7 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11am

**Helping your child learn to read**

Sept 8 **Fredonia** FCMHC 6<sup>th</sup> Street 10-11am

**Helping Your Kids Cope Through A Traumatic Event**

Sept 21 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11am

**How to discipline without losing their love and respect**

Sept 15 **Neodesha** FCMHC 6<sup>th</sup> Street 10-12 pm

**Keeping The Peace At Home: Anger Management for Parents**

Sept 21 **Coffeyville** FCMHC 4<sup>th</sup> Street 1-2pm

**Making The Most Of Playtime: Infants and Toddlers**

Sept 2 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**Nurturing The Blended Family**

Sept 29 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**Parent Education Support Group**

Sept 3, 24 **Independence** FCMHC 1101 Donald Ave 10-11 am

Sept 14 **Coffeyville** FCMHC 4<sup>th</sup> Street 1-2pm

**Parenting kids with anxiety disorders**

Sept 1 **Neodesha** FCMHC 8<sup>th</sup> Street 10-11 am

**Parenting the love and logic way** (6 sessions) Continued into October

Sept 7,14,21,28 **Independence** FCMHC North 1101 Donald Ave 2-3 pm

**Parenting to prevent substance abuse**

Sept 29 **Independence** FCMHC North 1101 Donald Ave 2-3 pm

**Plugged in parenting: Parenting 2 sessions**

Sept 16,23 **Independence** FCMHC North 1101 Donald Ave 10-11 am

**Positive Solutions For Families** (6 sessions)

Sept 1,8,15,22,29 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-12 pm

**Preventing child abuse**

Sept 9 **Independence** FCMHC North 1101 Donald Ave 2-3 pm

**Raising Responsible Children**

Sept 9 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**Raising Your Grandchild**

Sept 16 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**Real world parenting solutions**

Sept 13 **Coffeyville** FCMHC 4<sup>th</sup> Street 1-3pm

**Social emotional leaning in the home**

Sept 20 **Independence** FCMHC North 1101 Donald Ave 9-10 am

**Strengthening Parenting Through Family Relationships**

Sept 23 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**Success with under-achievers**

Sept 14 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-12pm

**Teaching Kids about Healthy Boundaries**

Sept 28 **Coffeyville** FCMHC 4<sup>th</sup> Street 1-2pm

**Teen dating violence**

Sept 30 **Cowley FCMHC** 22214 D Street, Strother Field, Winfield 10-11 am

**The happiest baby on the block**

Sept 2 **Independence** FCMHC North 1101 Donald Ave 10-11 am

**The happiest toddler on the block**

Sept 9 **Independence** FCMHC North 1101 Donald Ave 10-11 am

**The irritable baby**

Sept 15 **Neodesha** FCMHC 6<sup>th</sup> Street 2-3 pm

**Toddlers and The development of self**

Sept 28 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11am

**Toddlers: Your Game Plan For The Terrific Twos**

Sept 22 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**Trauma, stress, and caregiver wellbeing**

Sept 23 **Independence** FCMHC North 1101 Donald Ave 2-3 pm

**Understanding self-harming behaviors in kids and adolescents**

Sept 10 **Independence** FCMHC North 1101 Donald Ave 10-11 am

**What parents need to know about vaping**

Sept 8 **Fredonia** FCMHC 6<sup>th</sup> street 2-3 pm

**When Food Becomes An Obsession For Your Child**

Sept 8 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**Who Says Parenting Can't Be Fun?**

Sept 20 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-4pm

**Why Can't We Get Along? Managing Parent/ Teen Conflict**

Sept 7 **Coffeyville** FCMHC 4<sup>th</sup> Street 1-2 pm

**Your child's trouble with focus**

Sept 13 **Independence** FCMHC North 1101 Donald Ave 2-3 pm

**No classes September 6<sup>th</sup>- Labor day- agency holiday xxx**