

# August 2021 Parenting Class Schedule

\*KDHE Approved Classes for Day Care Providers and Foster Care licensing  
@ Connections Transportation offered (ask when registering)  
% babysitting is available (ask when registering)

## **1-2-3 Magic: Managing difficult behavior in kids ages 2-12**

Aug 26 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-4 PM

## **Active Parenting of stepfamilies** (6 sessions) Continued into September

Aug 3, 10, 17, 24, 31 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-12 PM

## **Active Parenting of teens** (6 sessions) Continued from July

Aug 2, 10, 24, 30 **Independence** FCMHC-North 1101 Donald Ave 10-12 PM

## **Active Parenting: the first five years** (4 sessions)

Aug 4,11,18,25 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-12 PM

## **Addressing Child Motivation**

Aug 16 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

## **Anger control for kids with autism**

Aug 17 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 PM

## **Becoming Brain Smart** (4 sessions)

Aug 5, 12, 19, 26 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-12 PM

## **Being the best father you can be**

Aug 4 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 PM

## **Caring for kids after trauma**

Aug 19 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

## **Connected Parenting**

Aug 12 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

## **Depression in teens: recognizing signs and helping them through it**

Aug 10 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 PM

## **Early childhood parenting made fun** (5 sessions)

Aug 2, 9, 16, 23, 30 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-4 PM

## **Forgotten Baby Syndrome: Hot cars kill kids**

Aug 4 **Fredonia** FCMHC 6<sup>th</sup> Street 10-11 am

## **Gaining back control of your life: dealing with post-partum depression**

Aug 3 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

## **General Discipline Techniques**

Aug 17 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

**Get in the feels: Understanding your baby's feelings**

Aug 12 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

**Helping kids deal with stress**

Aug 23 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Helping your child find their identity**

Aug 9 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

**Helping your child learn how to read**

Aug 4 **Fredonia** FCMHC-6<sup>th</sup> street 2-3 PM

**Helping Kids cope with painful feelings**

Aug 2 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11 AM

**Helping your child with Negative thoughts**

Aug 18 **Fredonia** FCMHC 6<sup>th</sup> Street 10-11 AM

**Instilling gratefulness in your kids**

Aug 30 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11 AM

**Love and Logic: Discipline solutions**

Aug 25 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-4 PM

**Parent Education Support Group**

Aug 6, 20 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM  
Aug 31 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 PM

**Parenting doesn't have to be rocket science**

Aug 31 **Independence** FCMHC-North 1101 Donald Ave 10-12 PM

**Parenting for drug prevention**

Aug 5 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Parenting through tough times: Dealing with depression**

Aug 25 **Neodesha** FCMHC 6<sup>th</sup> Street 10-11 AM

**Preventing Power Struggles**

Aug 24 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Picking up the pieces: After child Sexual Abuse**

Aug 9 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11 AM

**Repairing bonds broken by addiction**

Aug 24 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 PM

**Secrets to success in parenting your teen**

Aug 5 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 PM

**Sibling Rivalry**

Aug 25 **Neodesha** FCMHC 6<sup>th</sup> Street 2-4 PM

**Simple Parenting Strategies (Love and Logic)**

Aug 26 **Cowley** FCMHC 22214 D Street, Strother Field, Winfield 10-12 PM

**Sitting Still like a frog- Mindfulness for kids**

Aug 9 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Strengthening parenting through family relationships**

Aug 11 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 PM

**Toddlers: Your game plan for the terrific twos**

Aug 3 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 PM

**Understanding screen addiction: disconnect to reconnect**

Aug 30 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Understanding teen development**

Aug 2 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Understanding trauma in kids (2 sessions)**

Aug 12, 19 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 PM

**When kids drain your energy**

Aug 18 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 PM

**Who's the Boss? Fair and effective discipline for teens**

Aug 5 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

**Why so Jealous? Dealing with sibling jealousy**

Aug 10 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Words that work with your toddler**

Aug 31 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Your Child's behavior: Dealing with tantrums and meltdowns (Ages 2-6)**

Aug 11 **Neodesha** FCMHC-8<sup>th</sup> Street 10-11 AM

No classes August 13, 27

**Parenting through divorce dates:**

3rd- Independence @ 9 am

11th- Neodesha @ 1 pm

26th- Cowley @ 1 pm

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