

July 2021 Parenting Class Schedule

*KDHE Approved Classes for Day Care Providers and Foster Care licensing

@ Connections Transportation offered (ask when registering)

% babysitting is available (ask when registering)

Active Parenting for Stepfamilies (continued from June)

July 6 **Independence** FCMHC-North 1101 Donald Ave 2-4 pm

Active Parenting of teens (6 sessions) Continued into August

July 20, 27 **Independence** FCMHC-North 1101 Donald Ave 10-12 pm

Activities for preschoolers: approaches to play and learning

July 8 **Independence** FCMHC-North 1101 Donald Ave 10-11 am

Adults Supporting Children with Challenging Pasts (6 sessions) Continued from June

July 14, 21, 28 **Coffeyville** FCMHC 4th Street 10-12 PM

Building A Great Relationship With Your Child

July 20 **Coffeyville** FCMHC 4th Street 2-3 PM

Building your child's self-esteem

July 27 **Coffeyville** FCMHC 4th Street 2-3 PM

Calming kids in Crisis

July 12 **Independence** FCMHC-North 1101 Donald Ave 10-11 am

Childhood trauma: how to help your child through it

July 27 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

Dealing with big feelings

July 21 **Fredonia** FCMHC 6th Street 10-11 am

Didn't I Tell You To Take Out The Trash

July 22 **Coffeyville** FCMHC 4th Street 1-3 PM

Digitally distracted: Parenting in the age of technology

July 14 **Neodesha** FCMHC-8th Street 2-3 pm

Early Childhood parenting made fun (5 sessions) Continued from June

July 12, 19 **Independence** FCMHC-North 1101 Donald Ave 2-4 pm

Establishing sleep routines

July 15 **Independence** FCMHC-North 1101 Donald Ave 10-11 am

Forgotten baby syndrome, Hot cars kill kids!

July 14 **Neodesha** FCMHC-8th Street 10-11 Am

Helicopters, Drill Sergeants, Consultants: Parenting Styles and the Message They Send

July 12 **Coffeyville** FCMHC 4th Street 10-12 PM

Helping Kids Cope In a Traumatic Event

July 29 **Coffeyville** FCMHC 4th Street 10-11 AM

Hormones and Wheels

July 14, 21, 28 **Coffeyville** FCMHC 4th Street 2-3 PM

How To Respond When Your Teen Is Violent

July 13 **Coffeyville** FCMHC 4th Street 2-3 PM

Let's talk the talk: discussing risky behaviors with your kids

July 22 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Loving guidance: setting limits without guilt

July 22, 26 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Mindful Parenting

July 28 **Neodesha** FCMHC-8th Street 10-11 Am

Parent Education Support Group

July 2, 9, 16, 23, 30 **Independence** FCMHC- North 1101 Donald Ave 10-11 AM

July 19 **Coffeyville** FCMHC 4th Street 1-2 PM

Positive approaches to guiding young children (ages 3-12)

July 15 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

Parenting by Praise

July 8 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

Parenting Kids With Anxiety

July 26 **Coffeyville** FCMHC 4th Street 2-3 PM

Parenting The Love and Logic Way (6 sessions) Continued from June

July 13, 20, 27 **Coffeyville** FCMHC 4th Street 10-12

Positive Parenting with your preteen

July 28 **Neodesha** FCMHC-8th Street 2-3 pm

Real world parenting solutions

July 13 **Independence** FCMHC-North 1101 Donald Ave 2-4 pm

Relieving stress in single parenting

July 20 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

Responsive Discipline

July 12 **Coffeyville** FCMHC 4th Street 2-3 PM

Teaching Kids Home Alone Skills

July 26 **Coffeyville** FCMHC 4th Street 10-11 AM

Teen dating violence

July 7 **Fredonia** FCMHC 6th Street 10-11 am

The challenges of parenting- for new and expectant parents

July 1 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

The effects of substance abuse on the family

July 26 **Independence** FCMHC-North 1101 Donald Ave 2-3 pm

The Eight Principles of Attachment Parenting

July 15, 22 **Coffeyville** FCMHC 4th Street 10-11 AM

The five love languages

July 1 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

The importance of self- care for parents

July 29 **Cowley** FCMHC-22214 D Street, Strother field, Winfield 10-11 AM

The seven principles of discipline

July 7 **Fredonia** FCMHC 6th Street 2-3 pm

Understanding Self- Harming Behaviors In Kids and Adolescents

July 29 **Coffeyville** FCMHC 4th Street 1-2

Who Say Parenting Can't Be Fun?

July 15 **Coffeyville** FCMHC 4th Street 1-3 PM

No classes 7/5/2021- Observance of Independence Day

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