

June 2021 Parenting Class Schedule

*KDHE Approved Classes for Day Care Providers and Foster Care licensing
@ Connections Transportation offered (ask when registering)
% babysitting is available (ask when registering)

10 parenting behaviors that create empathetic kids

June 2 **Fredonia** FCMHC 6th Street 10-11 AM 2-3 PM

1-2-3- magic: managing difficult behavior in kids 2-12

June 29 **Coffeyville** FCHMC 4th Street 2-4 PM

Active parenting for stepfamilies (6 sessions) (Continued into June

June 1, 8, 15, 22, 29 **Independence** FCHMC-North 1101 Donald Ave 2-4 PM

Adolescent challenges

June 1 **Coffeyville** FCHMC 4th Street, 2-3 PM

Challenging behaviors and solutions in kids 2-12 years

June 16 **Fredonia** FCMHC 6th Street 2-3 PM

Co-Parenting: working towards cooperative parenting

June 7 **Coffeyville** FCHMC 4th Street 2-4 PM

Depression in teens: what parents need to know

June 15 **Independence** FCHMC-North 1101 Donald Ave 10-11 AM

Discipline strategies for kids with ADHD

June 2 **Fredonia** FCMHC 6th Street 10-11 AM

Early Childhood Parenting Made Fun (5 sessions)(Continued into July)

June 14,21,28 **Independence** FCHMC-North 1101 Donald Ave 2-4 PM

Essential life skills to teach your kids

June 22 **Independence** FCHMC-North 1101 Donald Ave 10-11 AM

Forgotten baby syndrome: hot cars kill kids

June 3 **Independence** FCHMC-North 1101 Donald Ave 10-11 AM

Gaining back control- coping with postpartum depression: For expectant and new mothers

June 7 **Independence** FCHMC-North 1101 Donald Ave 10-11 AM

Guiding good choices (5 sessions)

June 1, 8, 15, 22, 29 **Coffeyville** FCHMC 4th Street, 10-12 PM

Helping kids cope with grief

June 8 **Independence** FCHMC-North 1101 Donald Ave 10-11 AM

How to respond when your teen gets violent

June 9 **Neodesha** FCMHC 8th Street 10-11 AM

Kids and vaping: what parents need to know

June 9 **Coffeyville** FCHMC 4th Street 1-2 PM

Let's talk the talk- Discussing risky behavior with your kids

June 22 **Coffeyville** FCHMC 4th Street 2-4 PM

Love and Logic: Adults supporting youth with challenging pasts (6 sessions) Continued into July

June 10, 17, 24 **Coffeyville** FCHMC 4th Street 2-4 PM

Loving discipline for kids

June 8 **Coffeyville** FCHMC 4th Street 2-4 PM

Managing emotional mayhem (5 sessions) (Continued into July)

June 9,16,23 **Coffeyville** FCHMC 4th Street 10-11 AM

Neglect matters: a guide for parents

June 24 **Cowley** FCHMC-22214 D Street, Strother Field, 10-11 AM

Our emotional wellbeing, and how it affects our kids

June 7 **Independence** FCHMC-North 1101 Donald Ave 2-3 PM

Painless parenting for the preschool years

June 3 **Independence** FCHMC-North 1101 Donald Ave 2-4 PM

Parent education support group

June 4,11,18,25 **Independence** FCHMC-North 1101 Donald Ave 10-11
June 15 **Coffeyville** FCHMC 4th Street 2-3 PM

Parenting doesn't have to be rocket science

June 16 **Fredonia** FCMHC 6th Street 10-11 AM

Parenting kids with anxiety disorders

June 10 **Independence** FCHMC-North 1101 Donald Ave 2-3 PM

Parenting kids with oppositional defiant disorder

June 23 **Neodesha** FCMHC 8th Street 2-3 pm

Parenting the Love and Logic Way (6 sessions) (Continued into July)

June 10,17,24 **Coffeyville** FCHMC 4th Street 10-12 PM

Positive solutions for families (Continued from May)

June 7 **Coffeyville** FCHMC 4th Street 10-12 PM

Prenatal health and nutrition For expectant mothers

June 17 **Independence** FCHMC-North 1101 Donald Ave 10-11 AM

Raising responsible children

June 14 **Coffeyville** FCHMC 4th Street 2-3 PM

Real world parenting solutions

June 23 **Coffeyville** FCHMC 4th Street 1-3 PM

Talking to kids about suicide

June 14 **Independence** FCHMC-North 1101 Donald Ave 10-11 AM

The first years last forever

June 21 **Coffeyville** FCHMC 4th Street 10-12 PM

The happiest baby on the block

June 23 **Neodesha** FCMHC 8th Street 10-11 AM

The happiest toddler on the block

June 30 **Fredonia** FCMHC 6th Street 10-11 AM 10-11 AM

The nurturing touch: soothing baby massage

June 17 **Independence** FCHMC-North 1101 Donald Ave 2-3 PM

Trauma, toxic Stress, and caregiver wellbeing

June 30 **Fredonia** FCMHC 6th Street 2-3 PM

Under-cover parents: apps parents need to know about

June 21 **Coffeyville** FCHMC 4th Street 2-3 PM

Understanding and helping your child through separation anxiety Ages 2-5 years

June 29 **Independence** FCHMC-North 1101 Donald Ave 10-11 AM

Understanding screen addiction: disconnect to reconnect

June 10 **Independence** FCHMC-North 1101 Donald Ave 10-11 AM

Understanding self-harming behavior in kids and adolescents

June 16 **Coffeyville** FCHMC 4th Street 1-2 PM

When food becomes an obsession

June 28 **Coffeyville** FCHMC 4th Street 1-2 PM

When kids drain your energy

June 14 **Coffeyville** FCHMC 4th Street 10-12 PM

Words to never say to your kids

June 21 **Independence** FCHMC-North 1101 Donald Ave 10-12 PM

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