

May 2021 Parenting Class Schedule

*KDHE Approved Classes for Day Care Providers and Foster Care licensing
@ Connections Transportation offered (ask when registering)
% babysitting is available (ask when registering)

10 Tips to improve your parenting skills

May 25 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Active Parenting of 5-12 year olds (5 sessions) (Continued from April)

May 4, 11 **Independence** FCMHC-North 1101 Donald Ave 2-4 PM

Active Parenting Of Teens - (Continued from April)(6 sessions)

May 10 **Coffeyville** FCMHC 4th Street 10-12 PM

Addressing Child Motivation

May 26 **Neodesha** FCMHC 8th Street 2-3 PM

Addressing jealousy in your kids

May 3 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Anger Management for kids with Autism

May 20 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Building your child's self-esteem

May 12 **Neodesha** FCMHC 8th Street 10-11 AM

Calming Kids In Crisis

May 12 **Coffeyville** FCMHC 4th Street 2-3 PM

Challenging behaviors and solutions for kids 2-12 years

May 26 **Neodesha** FCMHC 8th Street 10-11 Am

Dealing with Big Feelings: Teaching Kids To Self-regulate

May 18 **Coffeyville** FCMHC 4th Street 1-2 PM

Digitally Distracted: Parenting in the age of Technology

May 27 **Coffeyville** FCMHC 4th Street 10-11 AM

Early Childhood Parenting Made Fun- (5 sessions) (continued from April)

May 3 **Coffeyville** FCMHC 4th Street 10-12 PM

Essential Life Skills to teach your kids

May 13 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

General Discipline Techniques

May 10 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Helping Children Manage Stress-

May 17 **Coffeyville** FCMHC 4th Street 10-11 AM

Helping Kids Cope With Grief-

May 11 **Coffeyville** FCMHC 4th Street 1-2 PM

Helping Parents Raise Resilient Teens

May 19 **Coffeyville** FCMHC 4th Street 2-3 PM

Hormones and Wheels-(3 sessions)

May 4,11,18 **Coffeyville** FCMHC 4th Street 10-11 AM

How To Discipline Kids Without Losing Their Love And Respect

May 20 **Coffeyville** FCMHC 4th Street 10-12 PM

How To Raise Kids Who Make Responsible Decisions When Nobody Is Watching

May 6 **Coffeyville** FCMHC 4th Street 10-12 PM

Increasing Emotional Intelligence in your Kids

May 3 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Instilling Gratefulness in your kids

May 13 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Keeping Kids Safe Online

May 26 **Coffeyville** FCMHC 4th Street 2-3 PM

Learn their language: Effective Communication Strategies with Teens

May 6 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Painless Parenting for the Preschool Years

May 27 **Cowley** FCMHC Strother Field, 22214 D Street, Winfield 10-11 AM

Parent Education Support Group

May 7,14, 21,28 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Parenting after Separation: Your Child's Future

May 24 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Parenting through tough times: Coping with Depression

May 5 **Fredonia** FCMHC6th Street 10-11 AM

Positive Solutions For Families- (6 sessions) (Continued into June)

May 3,10,17,24 **Coffeyville** FCMHC 4th Street 2-4 PM

Prenatal Health and Nutrition for Expectant moms

May 17 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Raising Responsible Children

May 6 **Coffeyville** FCMHC 4th Street 2-3 pm

Real World Parenting Solutions

May 5 **Coffeyville** FCMHC 4th Street 10-12 PM

Responsive Discipline

May 17 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Secrets Of Step-parenting

May 13 **Coffeyville** FCMHC 4th Street 10-12 PM

Sibling Rivalry

May 25 **Coffeyville** FCMHC 4th Street 10-12 PM

Social Emotional Learning In The Home

May 13 **Coffeyville** FCMHC 4th Street 2-3 PM

Stimulation for Healthy Development: Baby's first year

May 12 Neodesha FCMHC, 8th Street 2-3 PM

Stress and The Healthy Family

May 19 **Coffeyville** FCMHC 4th Street 10-12 PM

Success with Under-achievers

May 12 **Coffeyville** FCMHC 4th Street 10-12 pm

Teaching Children Home Alone Skills

May 20 **Coffeyville** FCMHC 4th Street 2-3 PM

The Challenges Of Parenting: For Teens and New Parents

May 5 **Coffeyville** FCMHC 4th Street 2-3 PM

The effects of substance abuse on the family

May 6 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

The Eight Principles of Attachment Parenting

May 20 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

The Five Love Languages

May 5 **Fredonia** FCMHC 6th Street 2-3 PM

The Happiest Toddler On The Block

May 26 **Coffeyville** FCMHC 4th Street 10-12 PM

The Importance of Self Care for Parents

May 19 **Fredonia** FCMHC 6th Street 10-11 AM

Toddlers and The Development Of Self

May 25 **Coffeyville** FCMHC 4th Street 2-3 PM

Under-cover parents: Apps parents need to know about

May 18 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Understanding Screen Addiction: Unplug to connect

May 25 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Understanding Self-Harming Behavior In Kids and Adolescents

May 4 **Coffeyville** FCMHC 4th Street 1-2 PM

Who says parenting can't be fun

May 10 **Independence** FCMHC-North 1101 Donald Ave 10-12 PM

Why Can't We Get Along? Managing Parent/Teen Conflict

May 27 **Coffeyville** FCMHC 4th Street 1-2 PM

Words that work with your toddler

May 18 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Parenting through divorce dates:

4th- Independence @ 9 am

11th- Coffeyville @ 9 am

19th- Fredonia @ 1 pm

27th- Cowley @ 1 pm