

March 2021 Parenting Class Schedule

*KDHE Approved Classes for Day Care Providers and Foster Care licensing

@ Connections Transportation offered (ask when registering)

% babysitting is available (ask when registering)

***@% Incredible Years: Toddlers** (14 sessions) Continued into March

March 2,9,16,23,30 **Coffeyville** FCMHC 4th Street 1-3pm

Active Parenting Birth- Five (4 sessions) Continued into April

March 15,22,29 **Independence** FCMHC-North 1101 Donald Ave 1-3 PM

Adolescent Challenges

March 15 **Coffeyville** FCMHC 4th Street 1-2 PM

Adults Supporting Youth With Challenging Pasts (6 Sessions) Continued into April

March 3,10,17,24,31 **Coffeyville** FCMHC 4th Street 10-12 PM

Avoiding Power struggles

March 29 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Balancing Work and Family During COVID

March 10 **Neodesha** FCMHC- 8th Street 10-11 AM

Building a great relationship with your child

March 25 **Cowley** FCMHC- 22414 D Street, Strother Field, Winfield 10-11 AM

Building Your Child's Self Esteem

March 10 **Coffeyville** FCMHC 4th Street 2-3 PM

Calming Children in Crisis

March 15 **Coffeyville** FCMHC 4th Street 10-11 AM

Co-Parenting: Working Towards Cooperative Parenting

March 30 **Coffeyville** FCMHC 4th Street 10-11 AM

Discipline Makes the Difference

March 3 **Fredonia** FCMHC 6th Street 10-11 Am

Discipline Without Hostility

March 24 **Neodesha** FCMHC 8th Street 10-11 AM

Eat Smart Grow strong: Nutrition for younger kids

March 18 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Families Make The Difference

March 4 **Coffeyville** FCMHC 4th Street 1-2 PM

Four Steps to Responsibility

March 18 **Coffeyville** FCMHC 4th Street 10-11 AM

General Discipline Techniques

March 10 **Neodesha** FCMHC- 8th Street 2-3 PM

Healing the invisible wounds: kids exposed to domestic violence

March 4 **Independence** FCMHC-North 1101 Donald Ave 1-3 PM

Helping Children Cope With Stress

March 1 **Coffeyville** FCMHC 4th Street 1-2 PM

Helping your child cope with chronic illness

March 30 **Independence** FCMHC-North 1101 Donald Ave 1-2 PM

Helping your kids stop negative thoughts

March 23 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

How to make the best of Sibling rivalry

March 16 **Independence** FCMHC-North 1101 Donald Ave 10-12 PM

How to Raise Kids Who Make Responsible Decisions When Nobody is Looking

March 1 **Coffeyville** FCMHC 4th Street 10-11 AM

Keeping Kids Safe Online

March 11 **Coffeyville** FCMHC 4th Street 10-11 AM

Keeping the Peace At Home: Anger Management For Parents

March 17 **Coffeyville** FCMHC 4th Street 2-3 PM

Kids and Vaping: What Parents Need To Know

March 25 **Coffeyville** FCMHC 4th Street 1-2 PM

Learn their Language: Communication Strategies With Teens

March 25 **Coffeyville** FCMHC 4th Street 10-11 AM

Mindful Parenting

March 9 **Independence** FCMHC-North 1101 Donald Ave 12-1 PM

Neglect Matters: A Parent's Guide to recognizing neglect

March 8 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Nurturing the Blended Family

March 9 **Coffeyville** FCMHC 4th Street 10-11 AM

Painless Parenting for the Preschool Years

March 22 **Coffeyville** FCMHC 4th Street 2-4 PM

Parent Education Support Group

March 5,12,19,26 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

March 31 **Coffeyville** FCMHC 4th St. 2-3 PM

Parenting By Praise

March 31 **Independence** FCMHC-North 1101 Donald Ave 8-9 AM

Parenting for drug prevention

March 1 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Parenting Kids With Anxiety

March 3 **Coffeyville** FCMHC 4th Street 2-3 PM

Parenting the Love and Logic Way (6 sessions) continued from February

March 2, 8 **Independence** FCMHC-North 1101 Donald Ave 1-2 PM

Raising Responsible Children

March 23 **Coffeyville** FCMHC 4th Street 10-11 AM

Real World Parenting Strategies

March 1 **Independence** FCMHC-N 1101 Donald Ave 1-3 PM

Secrets to Success In Parenting Your Teen

March 16 **Coffeyville** FCMHC 4th Street 10-11 AM

Stimulating Infant and Toddler Activities

March 8 **Coffeyville** FCMHC 4th Street 1-2 PM

Strengthening Parenting Through Family Relationships

March 2 **Coffeyville** FCMHC 4th Street 10-11 AM

Stress and The Healthy Family

March 29 **Coffeyville** FCMHC 4th Street 10-11 AM

Talking to kids about suicide

March 15 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Teaching Kids Home Alone Skills

March 18 **Coffeyville** FCMHC 4th Street 1-2 PM

The challenges of parenting: for new and expectant parents

March 30 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

The effects of substance abuse on the family

March 3 **Fredonia** FCMHC 6th Street 1-2 PM

The Importance of Self Care For Parents

March 24 **Coffeyville** FCMHC 4th Street 2-3 PM

The Irritable Baby: Babies cry, Have a Plan!

March 29 **Coffeyville** FCMHC 4th Street 1-2 PM

The Nurturing Touch: Soothing Baby Massage

March 31 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Toddlers: Your Game Plan For the Terrific Two

March 24 **Neodesha** FCMHC 8th Street 2-3 PM

Trauma, toxic stress, and caregiver wellbeing

March 4 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Under-cover parents: Apps parents need to know about

March 17 **Fredonia** FCMHC 6th Street 10-11 AM

Understanding and helping your child through separation anxiety

March 18 **Independence** FCMHC-North 1101 Donald Ave 1-2 PM

Understanding Self-Harming Behaviors in Kids and Adolescents

March 8 **Coffeyville** FCMHC 4th Street 10-11 AM

Understanding Trauma in Kids

March 4 **Coffeyville** FCMHC 4th Street 10-11 AM

Understanding your child's trouble with focus

March 11 **Independence** FCMHC-North 1101 Donald Ave 1-2 PM

What to do when your teen gets violent

March 23 **Independence** FCMHC-North 1101 Donald Ave 1-2 PM

Who says Parenting Can't be fun

March 11 **Independence** FCMHC-North 1101 Donald Ave 10-12PM

Who's the Boss? Fair and Effective Discipline for Teens

March 16 **Independence** FCMHC-N 1101 Donald Ave 1-2 PM

Why Can't We Get Along: Managing Parent/ Teen Conflict

March 11 **Coffeyville** FCMHC 4th Street 1-2 PM

Bs 02/12/2021

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