

February 2021 Parenting Class Schedule

*KDHE Approved Classes for Day Care Providers and Foster Care licensing

@ Connections Transportation offered (ask when registering)

% babysitting is available (ask when registering)

***@% Incredible Years: Toddlers** (14 sessions) Continued into March

Feb.2, 9, 16, 23 **Coffeyville** FCMHC 4th Street 1-3pm

12 Essential Parenting Skills

Feb 3 **Fredonia** FCMHC- 6th Street 10-11 AM

Addressing Child Motivation

Feb 17 **Fredonia** FCMHC- 6th Street 2-3 PM

Adolescent Challenges

Feb 2 **Coffeyville** FCMHC 4th St. 10-11 AM

Attachment Parenting

Feb 9 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Balancing Work and Family During COVID

Feb 1 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Being the Best Father You Can Be

Feb 3 **Coffeyville** FCMHC 4th St. 2-3 PM

Building Strong Families

Feb 1 **Coffeyville** FCMHC 4th St. 2-3PM

Building Your Child's Self Esteem

Feb 4 **Coffeyville** FCMHC 4th St. 2-3 PM

Caring For Kids with Type I Diabetes

Feb 18 **Coffeyville** FCMHC 4th St. 10-11 AM

Childhood trauma: How to Help Your Child Through it

Feb 24 **Neodesha** FCMHC-8th Street 2-3 PM

Dealing with Big Feelings- Teaching Kids to Self- Regulate

Feb 17 **Coffeyville** FCMHC 4th St. 2-3 PM

Essential Life Skills to Teach your Kids

Feb 23 **Coffeyville** FCMHC 4th St. 10-11 AM

Establishing Sleep Routines for Toddlers

Feb 11 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Four Steps to Responsibility- (Love and Logic)

Feb 8 **Coffeyville** FCMHC 4th St. 10-11 AM

Helicopters, Drill Sergeants, and Consultants- (Love and Logic)

Feb 15 **Coffeyville** FCMHC 4th St. 10-12 PM

Helping Kids Cope with Grief

Feb 16 **Coffeyville** FCMHC 4th St. 10-11 AM

Helping Parents Raise Resilient Teens

Feb 10 **Coffeyville** FCMHC 4th St. 2-3 PM

Helping Your Child Learn How to Read

Feb 8 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Helping your child Overcome Remote Learning Roadblocks

Feb 18 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Hormones and Wheels- (Love and Logic)

Feb 17 **Coffeyville** FCMHC 4th St. 10-12 PM

Learn Their Language: Effective Communication with Teens

Feb 9 **Coffeyville** FCMHC 4th St. 10-11 AM

Let's Talk The Talk- Discussing Risky behavior With Your Kids

Feb 3 **Fredonia** FCMHC- 6th Street 2-3 PM

Love Me Enough to Set Limits- (Love and Logic)

Feb 10 **Coffeyville** FCMHC 4th St. 10-12 PM

Nurturing the Blended Family

Feb 25 **Cowley** FCMHC-22214 D Street, Winfield 10-11 AM

Painless Parenting for the Preschool Years- (Love and Logic)

Feb 1 **Coffeyville** FCMHC 4th St. 10-12 PM

Parent Education Support Group

Feb 5, 12, 19, 26 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Feb 22 **Coffeyville** FCMHC 4th St. 1-2 PM

Parenting Doesn't Have to Be Rocket Science- (Love and Logic)

Feb 11 **Coffeyville** FCMHC 4th St. 10-12 PM

Parenting Kids with Anxiety Disorders

Feb 1 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Parenting the Love and Logic Way (6 sessions) continued into March

Feb 2, 9, 16, 23 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Parenting with a Positive Attitude

Feb 24 **Neodesha** FCMHC-8th Street 10-11 AM

Plugged- In parenting

Feb 15, 22 **Independence** FCMHC-North 1101 Donald Ave 2-4 PM

Real World Parenting Solutions

Feb 15 **Independence** FCMHC-North 1101 Donald Ave 10-12 PM

Repairing Bonds Broken By Addiction

Feb 15 **Coffeyville** FCMHC 4th St. 2-3 PM

Responsive Discipline

Feb 18 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Self- Care for Parents

Feb 10 **Neodesha** FCMHC-8th Street 10-11 AM

Sibling Rivalry- (Love and Logic)

Feb 3 **Coffeyville** FCMHC 4th St. 10-12 PM

Simple Parenting Strategies for Raising Great Kids in Complicated Times (Love and Logic)

Feb 4 **Coffeyville** FCMHC 4th St. 10-12 PM

Social Emotional Learning in the Home

Feb 25 **Coffeyville** FCMHC 4th St. 1-2 PM

Teaching Kids about Healthy Boundaries

Feb 11 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Teaching Kids Home Alone Skills

Feb 8 **Coffeyville** FCMHC 4th St. 1-2 PM

The Effects of Substance Abuse on the Family

Feb 11 **Coffeyville** FCMHC 4th St. 2-3 PM

The Happiest Baby on the Block

Feb 8 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

The Happiest Toddler on the Block

Feb 16 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

The Irritable Baby

Feb 4 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

The Secrets of Step-Parenting (Love and Logic)

Feb 24 **Coffeyville** FCMHC 4th St. 10-11 AM

Toddlers and the Development of Self

Feb 24 **Coffeyville** FCMHC 4th St. 1-2 PM

Trouble Free Teens (Love and Logic)

Feb 25 **Coffeyville** FCMHC 4th St. 10-11 AM

When Food Becomes an Obsession For Your Child

Feb 18 **Coffeyville** FCMHC 4th St. 1-2 PM

Words that Work with your Toddler

Feb 17 **Fredonia** FCMHC- 6th Street 10-11 AM

Words to Never Say to Kids

Feb 23 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Your Child's Behavior- Dealing with Meltdowns and Tantrums

Feb 4 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

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