

## January 2021 Parenting Class Schedule

\*KDHE Approved Classes for Day Care Providers and Foster Care licensing

@ Connections Transportation offered (ask when registering)

% babysitting is available (ask when registering)

**\*@% Incredible Years: Toddlers (14 sessions)** Continued into February

Jan.5, 12, 19, 26 **Coffeyville** FCMHC 4<sup>th</sup> Street 1-3pm

**1, 2, 3 Magic- Effective Discipline for kids 2-12**

Jan 26 **Independence** FCMHC-North 1101 Donald Ave 10-12 PM

**10 Things Parents do to Build Empathy in their Kids**

Jan 26 Independence FCMHC-North 1101 Donald Ave 2-3 PM

**Active Parenting for Step families (6 sessions)** Continued into February

Jan 4, 11, 25 **Coffeyville** FCMHC-4<sup>th</sup> Street 1-3 pm

**Active Parenting Of Teens (6 sessions)** Continued from December

Jan 5, **Independence** FCMHC-North 1101 Donald Ave 2-4 PM

**Active Parenting the First Five Years (4 sessions)**

Jan 6,13,20,27 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-12pm

**Building a great relationship with your child**

Jan.12 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Calming Kids in Crisis**

Jan 27 **Neodesha** FCMHC-8<sup>th</sup> Street 10-11 AM

**Caring For Kids with Type 1 Diabetes**

Jan. 4 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11am

**Co-Parenting: Working towards cooperative Parenting**

Jan 21 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11am

**Dealing with Big Feelings: Teaching Kids to Self-Regulate**

Jan.7 **Coffeyville** FCMHC 4<sup>th</sup> Street 1-2pm

**Digitally Distracted: Parenting in the age of technology**

Jan.7 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Discipline Makes the Difference**

Jan 6 **Fredonia** FCMHC 6<sup>th</sup> Street 2-3 PM

**Early Childhood Parenting Made Fun (5 sessions)** Continued from December

Jan 4 Independence FCMHC-North 1101 Donald Ave 10-12 PM

**Get in the Feels- Understanding your baby's feelings**

Jan 27 Neodesha FCMHC 8<sup>th</sup> Street 2-3 PM

**Helping Kids Cope through A Traumatic Event**

Jan 11 Independence FCMHC-North 1101 Donald Ave 2-3 PM

**Helping your child cope with painful feelings**

Jan 14 Independence FCMHC-North 1101 Donald Ave 10-11 AM

**Helping your Child Overcome Remote Learning Roadblocks**

Jan 20 Fredonia FCMHC 6<sup>th</sup> Street 10-11AM

**Increasing Emotional Intelligence in your kids**

Jan 25 Independence FCMHC-North 1101 Donald Ave 2-3 PM

**Instilling gratefulness in your kids**

Jan 19 Independence FCMHC-North 1101 Donald Ave 2-3 PM

**Kids and Vaping: What Parents Need To Know**

Jan.21 Coffeyville FCMHC 4<sup>th</sup> Street 1-2pm?

**Making the Most of Playtime: Infants and Toddlers**

Jan.13 Coffeyville FCMHC 4<sup>th</sup> Street 2-3pm

**Neglect Matters- A guide for parents**

Jan 7 Independence FCMHC-North 1101 Donald Ave 10-11 AM

**Nurturing The Blended Family**

Jan.12 Coffeyville FCMHC 4<sup>th</sup> Street 10-11am

**Parent Education Support Group**

Jan 8, 15, 22, 29 Independence FCMHC-North 1101 Donald Ave 10-11

Jan.26 Coffeyville FCMHC-4<sup>th</sup> 10-11 AM

**Parenting after separation: Your Child's future**

Jan.14 Independence FCMHC-North 1101 Donald Ave 2-3 PM

**Parenting Kids with Anxiety Disorders**

Jan 13 Neodesha FCMHC 8<sup>th</sup> street 10-11 AM

**Positive Approaches to Guiding Young Kids**

Jan 6 Fredonia FCMHC 6<sup>th</sup> Street 10-11 AM

**Preventing Power Struggles**

Jan 28 Cowley FCMHC 22214 Strother Field, Winfield 10-11 AM

**Raising Responsible Children**

Jan 14 Coffeyville FCMHC 4<sup>th</sup> Street 1-2pm

**Raising The Odds For Responsible Behavior**

Jan 28 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11 am

**Raising Your Grandchild**

Jan 19 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11 am

**Social Emotional Learning In The Home**

Jan 6 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**Strengthening Parenting Through Family Relationships**

Jan 20 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3 pm

**Success With Under-achievers**

Jan.14 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-12 pm

**Teen Dating Violence**

Jan 21 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

**The challenges of Parenting: For teens and new parents**

Jan 4 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**The Seven Principles of discipline**

Jan 13 **Neodesha** FCMHC 8<sup>th</sup> Street 2-3 PM

**Toddlers: Your Game Plan For The Terrific Twos**

Jan. 11 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11 am

**Toddlers and Development of Self**

Jan.7 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11 am

**Understanding Self-Harming Behaviors in Kids and Adolescents**

Jan.27 **Coffeyville** FCMHC 4<sup>th</sup> Street 2-3pm

**When Food Becomes an Obsession for Your Child**

Jan 5 **Coffeyville** FCMHC 4<sup>th</sup> Street 10-11 am

**Who Says Parenting Can't Be Fun?**

Jan.28 **Coffeyville** FCMHC 4<sup>th</sup> Street 1-3pm

**Who's the Boss? Fair and Effective Discipline for teens**

Jan.11 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

**Why can't we get along? Managing parent/teen conflict**

Jan 21 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Words to Never say to your kids**

Jan 19 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

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