

July 2020 Parenting Class Schedule

*KDHE Approved Classes for Day Care Providers and Foster Care licensing
@ Connections Transportation offered (ask when registering)
% babysitting is available (ask when registering)

1-2-3 Magic Managing Difficult Behavior in Kids 2-12 years

July 29 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

10 Tips to Improve Parenting Skills

July 8 **Neodesha** 8th St 10-11 AM

12 Essential Parenting Skills

July 7 **Independence** FCMHC-North 1101 Donald 12-1 PM

Active Parenting for Stepfamilies (6 sessions) Continued from June

July 6, 13, 20 **Independence** FCMHC-North 1101 Donald Ave 2-4 PM

Activities for Infants and Toddlers: Approaches to Play and Learning

July 23 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Adolescent Challenges

July 1 **Coffeyville** FCMHC- 1601 W. 4th St 2-3 PM

Co-Parenting: Working Towards Cooperative Parenting

July 2 **Coffeyville** FCMHC- 1601 W. 4th St 10-12 PM

Digitally Distracted: Parenting in the Age of Technology

July 9th **Coffeyville** FCMHC- 1601 W. 4th St 2-3 PM

Early Childhood Parenting Made Fun (5 sessions) Continued from June

July 7, 14, 21, 28 **Independence** FCMHC-North 1101 Donald Ave 2-4 PM

Effective Communication in the Family

July 14th **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Establishing Sleep Routines for Toddlers

July 13th **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Families Make the Difference (3 sessions) Continued into August

July 23 Nurturing brain development and positive behavior

30 Harmony in the home- Self-care and Mutual respect

Independence FCMHC-North 1101 Donald Ave 2-3 PM

General Discipline Techniques

July 29 **Fredonia** FCMHC 6th St 10-11 AM

Get in the Feels: Understanding your baby's feelings

July 20 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Great Beginnings with Preschoolers

July 21 **Independence** FCMHC-North 1101 Donald Ave 10-11

Guiding Good Choices (5 sessions)

July 1, 8, 15, 22, 29 **Coffeyville** FCMHC 1601 W. 4th St 10- 12 PM

Helping Kids Cope with Painful Feelings

July 15 **Fredonia** FCMHC 6th St 2-3 PM

Helping to Prevent Sexual Child Abuse

July 30 **Independence** FCMHC-North 1101 Donald Ave 10-11 PM

How to Respond when your Teen becomes Violent

July 7th **Coffeyville** FCMHC 1601 W. 1st 2-3 PM

Kids and Vaping: What Parents need to know

July 2 **Coffeyville** FCMHC-1601 W. 4th St 2-3 PM

Let's talk the talk: Discussing risky behaviors with your kids

July 22 **Coffeyville** FCMHC 1601 W. 4th St 2-4 PM

Love and Logic: Adults Supporting Youth with Challenging Pasts (6 sessions)

July 7, 9, 14, 21, 28 **Coffeyville** FCMHC 1601 W. 4th St 10-12 PM

30 **Coffeyville** FCMHC 1601 W. 4th St 2-4 PM

Loving Discipline

July 8 **Coffeyville** FCMHC 1601 W. 4th St 1-3 PM

Managing Emotional Mayhem (Conscious Discipline)(5 sessions)

July 6, 13, 16, 20, 23 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

Parent Education Support Group

July 10, 17, 24, 31 **Independence** FCMHC-North 1101 Donald Ave 10-11

July 15 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

Parenting by personality

July 22 **Neodesha** FCMHC-8th St 2-3 PM

Parenting by Praise

July 8 **Neodesha** FCMHC 8th St 2-3 PM

Parenting the Love and Logic Way (6 sessions)

July 6, 13, 20, 23, 27, 30 **Coffeyville** FCMHC 1601 W. 4th St 10-12 PM

Positive Parenting with Your Pre-teen

July 16 **Cowley** FCMHC Strother Fields 22414 D St Winfield 10-11 AM

Raising your Grandchild

July 28 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Teen Dating Violence

July 29 **Fredonia** FCMHC 6th St 2-3 PM

The Eight Principles of Attachment Parenting (2 sessions)

July 1, 15 **Fredonia** FCMHC- 6th St 10-11 AM

The First Years Last Forever

July 16 **Coffeyville** FCMHC 1601 W. 4th St 10-12 PM

Toddlers: Your Plan for the Terrific Twos

July 6 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Trauma and Toxic Stress: Caregiver Wellbeing Practices for Fostering Resilience in Kids

July 9 **Independence** FCMHC-North 1101 Donald Ave 2-4 PM

Undercover Parents: Apps Parents need to know about

July 21 **Coffeyville** FCMHC 1601 W. 4th 2-3 PM

Understanding your child's trouble with focus

July 1 **Fredonia** FCMHC 6th St 2-3 PM

When food becomes an obsession for your child

July 9 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

When Kids Drain your energy

July 28 **Coffeyville** FCMHC 1601 W. 4th 2-4 PM

Winning at Parenting

July 14 **Coffeyville** FCMHC1601 W. 4th 2-4 PM

Why can't we get along? Teen and Parent relationships

July 27 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

NO Incredible years

No classes July 3- Observation of Independence Day