

August 2020 Parenting Class Schedule

*KDHE Approved Classes for Day Care Providers and Foster Care licensing
@ Connections Transportation offered (ask when registering)
% babysitting is available (ask when registering)

12 Essential Parenting Skills

Aug 20 **Cowley** FCMHC Strother Field 22414 D St Winfield 10-11 AM

Addressing Child Motivation for school age kids

Aug 18 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Anger Management for Parents

Aug 31 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Active Parenting: The first five years (4 sessions)

Aug 4,11,18,25 **Independence** FCMHC-North 1101 Donald Ave 2-4 PM

Being the Best Father you can be

Aug 31 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Calming Kids In Crisis

Aug 13 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

Dealing with BIG feelings: teaching kids to self regulate

Aug 5 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

Discipline Makes the Difference

Aug 6 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Didn't I tell you to take out the trash?

Aug 27 **Independence** FCMHC-North 1101 Donald Ave 10-12 PM

Eat well, grow strong: Nutrition for young kids

Aug 3 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Essential Life Skills to Teach your kids

Aug 26 **Fredonia** FCMHC 6th St 10-11 AM

Families Make the Difference (3 sessions) Continued from July

Aug 6 Preparing kids for adulthood

Independence FCMHC-North 1101 Donald Ave 2-3 PM

Helping children manage Stress

Aug 3 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

Helping Kids Cope in a traumatic Event

Aug 27 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Helping Kids Cope with Grief

Aug 4 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

Helping Parents raise resilient Kids

Aug 12 **Coffeyville** FCMHC 1601 W. 4th St 8-9 AM

Hormones and Wheels: (Love and Logic) 3 sessions

Aug 20,25,27 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

How to discipline kids without losing their love and respect

Aug 6 **Coffeyville** FCMHC 1601 W. 4th St 10-12 PM

How to raise kids who make responsible decisions when nobody is watching

Aug 3 **Coffeyville** FCMHC 1601 W. 4th St 10-12 PM

Learn their language: Effective Communication with teens

Aug 5 **Fredonia** FCMHC 6th Street 2-3 PM

Make the Most of Playtime: Infants and toddlers 0-3

Aug 13 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Parenting through tough times: Coping with depression

Aug 17 **Independence** FCMHC-North 1101 Donald Ave 8-9 AM

Parent Education Support Group

Aug 7, 14, 21, 28 **Independence** FCMHC-North 1101 Donald Ave 8-9 AM

Aug 18 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

Parenting by Praise

Aug 12 **Independence** FCMHC-North 1101 Donald Ave 8-9 AM

Positive Solutions for families (6 sessions)

Aug 4,11,18,20,25,27 **Coffeyville** FCMHC 1601 W. 4th St 10-12 PM

Prenatal Health and Nutrition: For Expectant Moms

Aug 13 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Raising responsible children

Aug 10 **Coffeyville** FCMHC 1601 W. 4th St 8-9 AM

Real World Parenting Solutions (Love and Logic)

Aug 26 **Coffeyville** FCMHC 1601 W. 4th St 10-12 PM

Repairing bonds broken by addiction

Aug 25 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Secrets of Step-parenting

Aug 26 **Coffeyville** FCMHC 1601 W. 4th 2-4 PM

Social Emotional Learning in the home

Aug 11 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

Stress and the healthy family

Aug 5 **Coffeyville** FCMHC 1601 W. 4th St 10-12 PM

Success with underachievers (Love and Logic)

Aug 13 **Coffeyville** FCMHC 1601 W. 4th St 10-12 PM

Teaching children home alone skills

Aug 19 **Coffeyville** FCMHC 1601 W. 4th St 8-9 AM

Talking to kids about Suicide

Aug 19 **Neodesha** FCMHC 8th Street 8-9 AM

The challenges of Parenting: For teens and new parents

Aug 6 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

The Kindergarten Year

Aug 10 **Independence** FCMHC-North 1101 Donald Ave 8-9 AM

The Effects of Substance Abuse on the family

Aug 24 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Toddlers and the development of self

Aug 17 **Coffeyville** FCMHC 1601 W. 4th St 8-9 AM

Understanding and Helping your child through separation anxiety

Aug 5 **Neodesha** FCMHC 8th Street 10-11 AM

Undercover Parents- Apps parents should know about

Aug 3 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Understanding self- harming behaviors in kids and adolescents

Aug 24 **Coffeyville** FCMHC 1601 W. 4th St 2-3 PM

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