

May 2020 Parenting Class Schedule

*KDHE Approved Classes for Day Care Providers and Foster Care licensing

@ Connections Transportation offered (ask when registering)

% babysitting is available (ask when registering)

1-2-3- Magic: Managing difficult behavior in kids 2-12

May 26 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

12 Essential Parenting Skills

May 27 **Fredonia** FCMHC-6th Street 10-11 AM

Adolescent Challenges

May 4 **Coffeyville** FCMHC- 1601 W. 4th St 10-11 AM

Anger Control for Kids with Autism

May 18 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Anger Management for Parents

May 27 **Fredonia** FCMHC-6th Street 2-3 PM

Becoming Brain Smart (Conscious Discipline) (5 sessions)(Continued into June)

May 26 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Building Strong Families

May 13 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

Challenging Behaviors and Solutions in Kids 2 and older

May 14 **Cowley** FCMHC 22214 D Street, Strother Field, Winfield 10-11 AM

Child Abuse: How to see it- how to stop it

May 21 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

Co-Parenting: Working towards cooperative parenting

May 19 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

Dealing with big feelings: Teaching kids to self-regulate

May 6 **Coffeyville** FCMHC- 1601 W. 4th 10-11 AM

Effects of Substance Abuse on the Family

May 21 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Establishing Sleep Routines for Toddlers

May 22 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Guiding Good Choices Ages 11 and older (5 sessions)

May 12,19,21,26,28 **Coffeyville** FCMHC- 1601 W. 4th St 10-12 PM

Helping Parents Raise Resilient Teens

May 4 **Coffeyville** FCMHC- 1601 W. 4th St 1-2 PM

How to respond when your teen becomes violent

May 13 **Fredonia** FCMHC-6th Street 2-3 PM

Keeping the Peace at Home

May 27 **Coffeyville** FCMHC- 1601 W. 4th St 10-12 PM

Kids and Vaping: What Parents need to know

May 6 **Neodesha** FCMHC-8th Street 2-3 PM

Learn their Language: Effective Communication strategies with teens

May 5 **Coffeyville** FCMHC- 1601 W. 4th St 10-11 AM

Loving Guidance: Setting Limits without Guilt (2 sessions)

May 7 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

8 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Love and Logic Adults supporting youth with challenging pasts (6 Sessions, Continued into June)

May 11,14,18,20 **Coffeyville** FCMHC- 1601 W. 4th St 10-12 PM

28 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

Managing Emotional Mayhem (Continued into June)(5 sessions)

May 5,12,19 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

Modern Day Step parenting

May 6 **Neodesha** FCMHC-Neodesha 8th Street 10-11 AM

Parenting 101- setting behavior goals and giving rewards

May 27 **Coffeyville** FCMHC- 1601 W. 4th St 2-3 PM

Parent Education Support Group

May 18 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

May 20 **Coffeyville** FCMHC- 1601 W. 4th St 2-3 PM

Parenting Doesn't Have to Be Rocket Science

May 4 **Independence** FCMHC-North 1101 Donald Ave 2-4 PM

Parenting Kids with Anxiety

May 13 **Fredonia** FCMHC 6th Street 10-11 AM

Parenting the Love and Logic Way (6 sessions, continued into June)

May 4,11,19,26 **Independence** FCMHC-North 1101 Donald Ave 10-11

Parenting through Recovery (6 sessions)(Continued into June)

May 7,15,21,28 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Parenting with Loving Discipline Ages 1-5

May 13 **Coffeyville** FCMHC- 1601 W. 4th St 10-12 PM

Positive Parenting with Your Pre-teen

May 12 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Repairing Bonds Broken By Addiction

May 28 **Independence** FCMHC-North 1101 Donald Ave 2-3 AM

Secrets to success in parenting your teen

May 11 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

Social Emotional Learning in the home

May 5 **Coffeyville** FCMHC- 1601 W. 4th St 1-2 PM

Strengthening Parenting through Relationships

May 6 **Coffeyville** FCMHC- 1601 W. 4th St 1-2 PM

Teaching Kids About Healthy Boundaries

May 20 **Neodesha** FCMHC-Neodesha 8th Street 2-3 PM

Teen Dating Violence

May 11 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

The challenges of Parenting for teens and new parents

May 7 **Coffeyville** FCMHC- 1601 W. 4th St 1-2 PM

The Nurturing Touch: Soothing baby massage

May 12 **Coffeyville** FCMHC- 1601 W. 4th St 2-3 PM

Toddlers: Your Game Plan for the Terrible Twos

May 29 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

Under-cover parents: Apps parents should know about

May 14 **Coffeyville** FCMHC- 1601 W. 4th St 2-3 PM

Understanding Self- harming behaviors in kids and adolescents

May 7 **Coffeyville** FCMHC- 1601 W. 4th St 10-11 AM

Why Can't we get along? Managing Parent/Teen Conflict

May 18 **Coffeyville** FCMHC 4th Street 2-3 PM

Agency Holidays May 25 (Memorial Day)

No classes May 1

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