

## March 2020 Parenting Class Schedule

### **12 Essential Parenting Skills**

Mar 3 **Independence** FCMHC-North 1101 Donald Ave 11-12 PM

### **1-2-3-Magic: Managing difficult behaviors in kids 2-12**

Mar 16 **Independence** FCMHC-North 1101 Donald Ave 10-12 PM

### **Active Parenting for Step Families** (6 sessions) Continued into April

Mar 2, 9, 16, 30 **Coffeyville** FCMHC- 1601 W. 4th St 10-12 PM

Mar 23 **Coffeyville** FCMHC- 1601 W. 4<sup>th</sup> St 2-4 PM

### **Active Parenting of 5-12 year olds-** (5 sessions) Continued into April

Mar 6, 12, 20, 26 **Independence** FCMHC-North 1101 Donald Ave 10-12 PM

### **Active Parenting of Teens** (6 sessions) Continued into April

Mar 4, 11, 18, 25 **Coffeyville** FCMHC- 1601 W. 4th St 10-12 PM

### **Anger Management for Parents**

Mar 17 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

### **Becoming Brain Smart** (Conscious Discipline) (4 sessions)

Mar 5 **Coffeyville** FCMHC- 1601 W. 4th St 10-12 PM

Mar 12, 19, 26 **Coffeyville** FCMHC- 1601 W. 4th St 10-11:30 PM

### **Building Self Esteem in Your Kids**

Mar 2 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

### **Caring For Kids with Type 1 Diabetes**

Mar 16 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

### **Challenging Behavior and Solutions in Kids 2-12**

March 10 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

### **Dealing with big feelings: Teaching kids to self-regulate**

Mar 2 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

### **Digitally Distracted: Parenting in the Age of Technology**

Mar 5 **Coffeyville** FCMHC- 1601 W. 4th St 2-3 PM

### **Discipline Makes the Difference**

Mar 5 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

### **Discipline Without Hostility**

BS Mar 31 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

**Early Childhood Parenting Made Fun (5 sessions)**

Mar 3,10,17,24,31 **Independence** FCMHC-North 1101 Donald Ave 2-4 PM

**Eat Right, Grow Strong: Nutrition for Kids**

Mar 18 **Fredonia** FCMHC 6<sup>th</sup> Street 2-3 PM

**Essential Life Skills to teach your Kids (Ages 2-12)**

Mar 9 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

**Helping Kids Manage Stress**

Mar 9 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

**How to discipline without losing their respect**

Mar 4 **Fredonia** FCMHC 6<sup>th</sup> Street 1-3 PM

**How To Raise Responsible Kids**

Mar 19 **Cowley** FCMHC 22214 D Street, Strother Field, Winfield 10-12 PM

**How to Talk so Your Kids Will Listen (6 Sessions)**

Mar 3, 10, 17, 24, 25, 31 **Coffeyville** FCMHC- 1601 W. 4th St 2-3 PM

**Increasing Emotional Intelligence in your Kids**

Mar 4 **Fredonia** FCMHC 6<sup>th</sup> Street 10-11 AM

**Infants and the Development of Trust and Security**

Mar 26 **Coffeyville** FCMHC- 1601 W. 4th St 1-3 PM

**Keeping Kids Safe Online**

Mar 26 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Keeping the Peace At Home**

Mar 11 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

**Kids and Vaping: What Parents need to know**

Mar 30 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Nurturing the Blended family**

Mar 23 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Parent Education Support Group**

Mar 30 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

**Parenting Doesn't Have to be Rocket Science**

Mar 30 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

**Parenting with Loving Discipline**

Mar 12 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**Positive Solutions For Families (6 sessions)**

Mar 3, 10, 17, 24, 31 **Coffeyville** FCMHC- 1601 W. 4th St 10-12

Mar 18 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

**Preventing Power Struggles**

Mar 4 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

**Supporting Kids with Special Needs: Maintaining Healthy Can-Do Expectations**

Mar 5 **Independence** FCMHC-North 1101 Donald Ave 10-12 PM

**Real World Parenting Solutions**

March 11 **Neodesha** FCMHC 8<sup>th</sup> Street 1-3 PM

**Sibling Rivalry**

Mar 18 **Fredonia** FCMHC 6<sup>th</sup> Street 10-12 PM

**Strengthening Parenting through Relationships**

Mar 2 **Independence** FCMHC-North 1101 Donald Ave 2-3 Indy

**Teaching Kids about Healthy Boundaries**

March 9 **Independence** FCMHC-North 1101 Donald Ave 2-3 PM

**The First Years last Forever**

Mar 16 **Coffeyville** FCMHC- 1601 W. 4th St 2-4 PM

**The Five Love Languages**

Mar 19 **Coffeyville** FCMHC- 1601 W. 4th St 1-3 PM

**The Happiest Baby on the Block**

Mar 25 **Neodesha** FCMHC 8<sup>th</sup> Street 1-3 PM

**Under-Cover Parents- Apps Parents Should Know About**

March 11 **Neodesha** FCMHC 8<sup>th</sup> street 10-11 Am

**Understanding Self Harming behaviors in Kids**

Mar 24 **Independence** FCMHC-North 1101 Donald Ave 10-11 AM

**Winning at Parenting**

Mar 12 **Coffeyville** FCMHC- 1601 W. 4th St 1:30-3:30 PM

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