

February 2020 Parenting Class Schedule

*KDHE Approved Classes for Day Care Providers and Foster Care licensing

@ Connections Transportation offered (ask when registering)

% babysitting is available (ask when registering)

@% **Incredible Years (IY) Babies 0-12 months** (8 sessions) continued into March
TM,MV Feb 6, 13, 20, 27 **Independence** FCMHC—North, 1101 Donald Ave., 9 – 11 AM

12 Essential Parenting Skills

Feb 3 **Independence** FCMHC—North, 1101 Donald Ave., 2-3 PM

Feb 20 **Cowley** FCMHC Strother Field, Winfield 10-11 AM

Active Parenting birth to five (4 sessions)

Feb 4, 11, 18, 25 **Independence** FCMHC—North, 1101 Donald Ave., 2-4 PM

Feb 10 (Session 4) **Coffeyville** FCMHC 4th Street 10-12 PM

Active Parenting of teens (6 sessions) Continued From January

Feb 13, 20 **Coffeyville** FCMHC 4th Street 10-12 PM

Activities for preschoolers: Approaches to Play and Learning

Feb 20 **Coffeyville** FCMHC 4th Street 2-3 PM

Avoiding Power Struggles with Kids

Feb 26 **Coffeyville** FCMHC 4th Street 2-4 PM

Building Strong Families: How to Discipline

Feb 17 **Coffeyville** FCMHC 4th Street 10-11 AM

Calming Kids in Crisis

Feb 13 **Coffeyville** FCMHC 4th Street 2-3 PM

Calming the Chaos Kids with ADHD

Feb 12 **Coffeyville** FCMHC 4th Street 2-4 PM

Feb 19 **Neodesha** FCMHC 8th Street 10-12 PM

Co-Parenting- Working towards cooperative parenting

Feb 13 **Independence** FCMHC—North, 1101 Donald Ave., 10-11 AM

Didn't I tell you to take out the trash?

Feb 26 **Coffeyville** FCMHC 4th Street 10-12 PM

Four Steps to Responsibility

Feb 4 **Coffeyville** FCMHC 4th Street 1-2 PM

Helping Kids Cope with Grief

Feb 6 **Independence** FCMHC- North 1101 Donald Ave 10-11 pm

Feb 25 **Coffeyville** FCMHC 4th Street 1-2 PM

Helicopters, Drill sergeants and Consultants: Parenting Styles

Feb 4 **Coffeyville** FCMHC 4th Street 10-12 PM

Hormones and Wheels

Feb 18 **Coffeyville** FCMHC 4th Street 2-4 PM

Infants and the Development of Trust and security

Feb 24 **Coffeyville** FCMHC 4th Street 10-12 PM

Keeping the Peace At Home: Anger management for Parents

Feb 13 - **Independence** FCMHC- North 1101 Donald Ave 2-3 PM

Let's talk the talk... Discussing risky behaviors with your kids

Feb 27 **Coffeyville** FCMHC 4th Street 10-12 PM

Learn their language: Effective communication strategies for adolescents

Feb 25 **Independence** FCMHC- North 1101 Donald Ave 10-11 AM

Love and Logic Discipline Solutions (2 sessions)

Feb 12 (session1) **Neodesha** FCMHC 8th Street 1-3 PM

Feb 19 (session2) **Neodesha** FCMHC 8th Street 1-3 PM

Love me enough to set limits

Feb 24 **Coffeyville** FCMHC 4th Street 2-4 PM

Magic 1,2,3,4 Managing Difficult behaviors in kids 2-12 years

Feb 27 **Independence** FCMHC- North 1101 Donald Ave 10-12 PM

Parent Education Support Group

Feb 24 **Independence** FCMHC- North 1101 Donald Ave 9-10 PM

Feb 25 **Coffeyville** FCMHC 4th Street 10-11 AM

Parenting 101: Setting behavior goals and giving rewards

Feb 17 **Coffeyville** FCMHC 4th Street 1-2 PM

Parenting doesn't have to be rocket Science

Feb 5 **Coffeyville** FCMHC 4th Street 2-4 PM

Parenting for School Success

Feb 10 **Independence** FCMHC- North 1101 Donald Ave 2-4 PM

Parenting Kids with Anxiety Disorders

Feb 12 **Neodesha** FCMHC 8th Street 10-11 AM

Parenting Teens with love, logic and boundaries

Feb 27 **Coffeyville** FCMHC 4th Street 2-4 PM

Prenatal Nurturing: Health and Nutrition

Feb 18 **Coffeyville** FCMHC 4th Street 10-12 PM

Raising the Odds for responsible Behavior

Feb 6 **Coffeyville** FCMHC 4th Street 10-12 PM

Real World Parenting Solutions for Complicated times

Feb 19 **Coffeyville** FCMHC 4th Street 10-12 PM

Sibling Rivalry

Feb 6 **Coffeyville** FCMHC 4th Street 2-4 PM

Simple Parenting Strategies for raising kids in Complicated times

Feb 17 **Independence** FCMHC- North 1101 Donald Ave 10-12 PM

Social Emotional Learning in the Home

Feb 5 **Fredonia** FCMHC 6th Street 2-3 PM

Stimulating infant and toddler activities

Feb 12 **Coffeyville** FCMHC 4th Street 10-12 PM

Strengthening parenting through family relationships

Feb 5 **Fredonia** FCMHC 6th Street 10-11 AM

Success with under- achievers

Feb 19 **Coffeyville** FCMHC 4th Street 2-4 PM

Ten Steps to positive discipline (5 sessions) (Continued from January)

Feb 3, 10, **Independence** FCMHC- North 1101 Donald Ave 10-12 PM

The challenges of Parenthood for teens and new parents

Feb 18 **Independence** FCMHC- North 1101 Donald Ave 10-11 PM

The Five Love Languages of kids

Feb 5 **Coffeyville** FCMHC 4th Street 10-12 PM

The irritable Baby

Feb 11 **Coffeyville** FCMHC 4th Street 10-12 PM

The Seven Principles of Discipline

Feb 26 **Fredonia** FCMHC 6th Street 10-11 PM

Trouble Free Teens

Feb 11 **Coffeyville** FCMHC 4th Street 2-4 PM

Under- cover parents: Apps parents should know about

Feb 27 **Independence** FCMHC- North 1101 Donald Ave 2-3 PM

Understanding Self Harming behaviors in kids

Feb 6 **Independence** FCMHC- North 1101 Donald Ave 2-3 PM

Understanding Sensory Processing disorders in Kids

Feb 3 **Coffeyville** FCMHC 4th Street 10-12 PM

When Kids drain your energy

Feb 10 **Coffeyville** FCMHC 4th Street 2-4 PM

Who says parenting can't be fun?

Feb 3 **Coffeyville** FCMHC 4th Street 1-2 PM

Why can't we get along: Managing parent/ teen conflict

Feb 17 **Independence** FCMHC- North 1101 Donald Ave 2-3 PM

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