

## October 2019 Parenting Class Schedule

\*KDHE Approved Classes for Day Care Providers and Foster Care licensing

@ Connections Transportation offered (ask when registering)

% babysitting is available (ask when registering)

**@% Incredible Years (IY) Toddlers Ages 1-3** (13 sessions) continued into November  
Oct 3, 10, 17, 31 **Independence** FCMHC—North, 1101 Donald Ave., 9 – 11 AM

### **Active Parenting First Five Years (Four Sessions)**

Oct 1 You and Your Child

8 Preventing Problems

15 Encouraging Positive Behavior

29 Preparing For School Success

**Coffeyville** FCMHC- 1601 W. 4th St. 2-4 PM

### **Active Parenting Of Step Families**

Oct 3 from anger and Power Struggles, to Courage and Self Esteem

10 Celebrating Step Family Success

**Coffeyville** FCMHC- 1601 W. 4th St. 2-4 PM

### **Activities for Preschoolers: Approaches to Play and Learning**

Oct 10 **Independence** FCMHC—North, 1101 Donald Ave., 2-3 PM

### **Calming Kids In Crisis**

Oct 16 **Neodesha** FCMHC-8<sup>th</sup> Street 1-3 PM

21 **Independence** FCMHC—North, 1101 Donald Ave., 10-12 PM

### **Co-Parenting- Working towards cooperative parenting**

Oct 29 **Independence** FCMHC-North, 1101 Donald Ave. 2-3 PM

### **Digitally Distracted: Parenting in the Age of Technology**

Oct 2 **Independence** FCMHC—North, 1101 Donald Ave., 2-3 PM

### **Early Childhood Parenting Made Fun (Love and Logic) (6 sessions)**

Oct 2 Handling misbehavior without breaking a sweat

9 Teaching kids to listen... the first time

17 Avoiding Power Struggles

28 Limits Create Happier Parents, happier kids, and happier families

31 What to do when your kids leave you speechless

**Coffeyville** FCMHC- 1601 W. 4th St. 10-12 PM

### **Infants and the Development of Trust and Security**

Oct 15 **Independence** FCMHC—North, 1101 Donald Ave., 2-4 PM

### **Managing family conflict**

Oct 14 **Independence** FCMHC—North, 1101 Donald Ave., 2-4 PM

**Parenting the Love and Logic Way** (6 sessions) Continued from September

Oct 1 avoiding power struggles

7 guiding kids to own and solve their problems

14 teaching kids to complete chores

**Independence** FCMHC-North, 1101 Donald Ave. 10-11 AM

**%@ Parent Education Support Group**

Oct 28 **Independence** FCMHC-North, 1101 Donald Ave. 9-10 AM

**Parenting 101: Setting behavior goals and rewarding good behavior**

Oct 2 **Independence** FCMHC-North, 1101 Donald Ave. 10-11 AM

**Parenting for Drug Prevention**

Oct 7 **Independence** FCMHC-North, 1101 Donald Ave. 2-4 PM

**Parenting kids with Anxiety**

Oct 16 **Neodesha** FCMHC 101 South 8<sup>th</sup> street 10-11 AM

**Prenatal Nurturing: Health and Nutrition**

Oct 9 **Neodesha** FCMHC 101 South 8<sup>th</sup> street 10-11 AM

**Preventing Power Struggles**

Oct 3 **Independence** FCMHC-North, 1101 Donald Ave. 2-3 PM

30 **Fredonia** FCMHC- 437 North 6<sup>th</sup> Street. 10-11 AM

**Relieving Stress in Single Parenting**

Oct 8 **Independence** FCMHC-North, 1101 Donald Ave. 2-3 PM

**The irritable Baby**

Oct 9 **Neodesha** FCMHC 101 South 8<sup>th</sup> street 1-3 PM

**The Seven Principles of Discipline**

Oct 17 **Cowley** FCMHC 22214 D Street, Strother Field, 10-11 AM

**Toddlers and the Development of Self**

Oct 31 **Independence** FCMHC- North, 1101 Donald Ave 2-4 PM