

TEENS THROUGH DIVORCE

A Free Class for Ages 12 to 19

Location: Four County Mental Health Center - NORTH
1101 Donald Avenue
Independence, Kansas

Instructor: Gail Norton, Parent Education Coordinator

Time: 3:30 - 5:00 p.m.

**ATTENDANCE ON BOTH DAYS
REQUIRED FOR CLASS COMPLETION**

CLASS SIZE WILL BE LIMITED TO 10 STUDENTS

2011 DATES

January 24 & 26	Monday & Wednesday
February 21 & 23	Monday & Wednesday
March 28 & 30	Monday & Wednesday
April 25 & 27	Monday & Wednesday
May 23 & 25	Monday & Wednesday
June 27 & 29	Monday & Wednesday
July 25 & 27	Monday & Wednesday
August 22 & 24	Monday & Wednesday
September 26 & 28	Monday & Wednesday
October 24 & 26	Monday & Wednesday
November 21 & 23	Monday & Wednesday
December 19 & 21	Monday & Wednesday

The teen will learn:

- ❖ That they didn't cause the divorce.
- ❖ That even if a parent doesn't live in the same home with them, they can still love them.
- ❖ How to manage anger they may feel towards parents.
- ❖ Who to talk to about their sadness or anger.
- ❖ To never be afraid to ask questions about the divorce or for a change in custody arrangements.
- ❖ Not to be a messenger in the middle of parents' problems.
- ❖ The importance of making and keeping their own best friends.

***Deadline for enrollment is the day before the class.
Please call 620-331-3480 or 620-251-8180 to enroll.***

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